



District 5690 News



Message from District Governor

David Yoder



Dear 5690 Rotarians,
 Merry Christmas everyone! It seems unfathomable that our Rotary year is already half over. We've already done so much, but there's so much more to be done.

By now I've been able to visit all of your wonderful clubs and had an opportunity to view many of your local projects. You have taken me around and shown me with well-deserved pride the numerous things your clubs have accomplished. It has been a wonder to see all the projects Rotarians have completed to make their communities a better place. This is truly a remarkable organization of hard-working members dedicated to the betterment of mankind.

To reflect on our year so far.....

We are about to welcome in a new club to District 5690, though they in truth should not really be defined as 'new'. The Rotary Club of Howard, Kansas will soon officially be our District's 32nd club, and we are excited to have them join us. They can't by any means be considered a 'new' club since they were founded in 1936, but

they are new to our District and thus the moniker sticks.

Our District Conference in October was a smashing success and I believe everyone who attended had a great time and had a meaningful experience. It is a shame so many of

you missed out on the festivities, but I am sure that next year DGE Dean Kennedy will host a fabulous conference in Winfield, and you'll certainly want to be there for that one.

We dissolved the district conference reserve fund, since its long-term objective of making our district conferences self-sustaining proved to be unreachable, and our District Executive Board voted to return all the money to the clubs. I have heard back from a lot of you as to the great use you are making of these funds, and I look forward to visiting with you in the coming year to see the fruits of those decisions.

Now to the year ahead: We are making positive strides in the direction of increasing and retaining membership, and will be working hard in the next six months to

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MARK YOUR CALENDARS!

Mar. 31-Apr. 2, 2016
PETS
 Manhattan, KS

May 25-29, 2016
RYLA
 Winfield, KS

April 29-30, 2016
District Training Assembly
 Greensburg, KS

May 28—June 1 2016
Rotary Intl. Convention
 Seoul Korea



Message from District Governor David Yoder (cont'd)

help you all with your individual club's long-term membership visioning and goal-setting, and assist you with developing the techniques to make your membership goals realized.

Your club presidents and secretaries will be hearing again from me right after the holidays concerning when we can come back to visit and 'roll up our sleeves' and get to working on some long-term membership plans.

Have the merriest of Christmases and an enjoyable holiday season, be sure to allow your Rotary light to shine brightly overhead for all to see, and take some time to yourselves to get those batteries recharged during this special time in our lives.

Yours in Rotary,

David Yoder



December is Disease Prevention & Treatment Month

This year, 2015, introduced the UN's new Sustainable Development Goals for the period 2015-2030. RI's area of focus in Disease Prevention and Treatment is a direct response to and reflection of the UN's goals. Rotary's strengths and accomplishments in the area of disease prevention and treatment include:

- PolioPlus model for all disease prevention and treatment that can be used for other initiatives throughout the world.
- A proven track record of partnering with local governments and organizing projects addressing HIV/AIDS, TB, malaria, polio, dengue fever and many others.

- The Rotary Foundation has funded almost 2,000 projects and programs to build healthier communities around the world.
- Rotary Foundation grant activity in this area shows that Rotarians have broad sector interests and strong local impact.
- The greatly increased use of Rotarian Vocational Training Teams are providing health care training and provision of on-site services in many areas of disease treatment around the world.

Call for District Governor Nominations for 2017-2018

The month of November begins the process for selecting the District Governor for the 2018-2019 Rotary year. One of the most important things a club can do is to allow the district to benefit from your club's leaders by encouraging them to be a District 5690 leader.

Pertinent dates for the District Governor Nomination process are as follows:

- | | |
|------------|--|
| November 4 | District Governor David Yoder has invited clubs to submit suggestions to the nominating committee in an official call to all club presidents via email. Candidates submitted will be considered by the nominating committee. |
| Dec / Jan | Additional announcements for District Governor will be published in the December and January issues of the monthly newsletter. |
| January 15 | Deadline for the receipt by either the governor or the nominating committee chair of club nominations of District Governor candidates. |

February 15 Deadline for selection of nominee for governor by the nominating committee. The nominating committee chair will promptly notify all candidates of the decision.

This position is challenging but very rewarding and you are asked to review your member list and consider nominating a candidate. If you have questions, call any committee member. Nomination committee members are Mike Ford (Beaver), Charlene Mathis (Derby), Steve Woods (Wichita), PDG Martin Bauer, PDG Sue Pearce (E. Wichita), PDG Larry Rumburg, Committee Secretary PDG Rod Kreie (Newton), and Committee Chair PDG Phil Michel (W. Wichita). For their contact information please refer to the district web site. <http://www.rotary5690.org/>

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Rotary is that perfect gift!



Here it is the holiday season and many of us spend time thinking of the perfect gift to give a family member or friend. We give gifts to co-workers, customers and pro-

fessional colleagues of boxes of nuts, candy or other material things to thank them for their hard work, business or career support. ***Perhaps it is time to give a lasting gift!***

As Rotarians and leaders in your club, we know intrinsically how much we get back from being a Rotarian and the benefits we receive from serving those in need in our community. However, now there is research and data which show **volunteering has benefits**. As Mark Horowitz stated in an online article appearing on the Forbes.com website, "Science is now showing us what great leaders and philosophers have known for years, 'One of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served.'" – Gordon Hinckle"

So what does the data present to us?

1. Volunteering time makes you feel like you have more time. In a Harvard Business Review article, Cassie Mogilner, Wharton professor, found those who volunteer their time feel like they have more of it. Said Mogilner: "The results show that giving your time to others can make you feel more 'time affluent' and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time."
2. Volunteering is an excellent opportunity to develop your talents and advance in your career. An article in Stanford Social Innovation Review called skills-based

volunteering overseas "the next executive training ground."

3. Volunteers are healthier. A Corporation for National and Community Service reports "Research demonstrates that volunteering leads to better health...those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer."
4. Volunteering your experience helps build your experience. Volunteering in a new industry gives you knowledge to help you switch fields. [The New York Times](#), [The Wall Street Journal](#) and [Next Avenue](#) have published articles addressing this and stated "According to the survey of 202 human-resource executives, skilled volunteer work — such as helping a nonprofit with its finances — makes job applicants look more appealing to hiring manager."
5. Volunteering your love makes you feel more love. Admittedly, love is a hard thing to measure. But when researchers at the London School of Economics examined the relationship between volunteering and measures of happiness, they found the more people volunteered, the happier they were. Volunteering builds empathy, strengthens social bonds and makes you smile — all factors that [increase the feeling of love.](#)



Rotary is that perfect gift.

*Column submitted by Fred Heismeyer,
District 5690 Trainer*

Andover's Caring & Sharing

Excerpts and photo from "Andover Leader"

Organizers of this year's Caring & Sharing event, the annual time of giving was a resounding success, Michelle Carlini, said as she gave a report to the **Rotary Club of Andover**. The event brought volunteers from across the community together Saturday and Sunday to wrap presents for 85 families that were recommended by school counselors and nominated through other forms of communication. In turn, the parents who might need a helping hand were allowed to shop for their children and come away with a wrapped present at no cost.

Those in the audience at Thursday's meeting found the event as impressive as Ms. Carlini who expressed gratitude to Target for their help in shopping and pricing for the event. "It was really nice to see the number of people (volunteers) who showed up, from the people in the community to the helper elves who wrapped presents," said Rotarian Bruce Brittain. The event churned some \$3,600 presents for the children and was funded by donations from the community and other service organizations including the Rotary Club of Andover.



Club News from around the District

Rotary Club W. Wichita: Our David Weber Extra Effort awards were presented to 3 students from Lawrence Elementary. The students were selected by their teachers (also pictured) based on their effort in the classroom.



Rotary Club Newton: Kent Erb received the *Avenues of Service Award* at our annual Christmas party. Congratulations, Kent—well deserved!



Rotary Club W Sedgwick Co. Sunrise: Our club has a new website: www.sunriserotarywichita.com We are adopting 2 needy families from Kensler Elementary for Christmas this year. Members are purchasing and wrapping gifts for the family members.

Rotaract Club of Wichita: Rotaractors and friends did some Christmas caroling at Larksfeld Place and Wichita Presbyterian Manor. What a great way to get into the holiday spirit and bring joy to others at the same time!



Rotary Club El Dorado: We distributed dictionaries to El Dorado 3rd graders at Grandview, Lincoln, Oil Hill and Skelly. This project is to address Rotary's goal of addressing literacy.



Rotary Club Cimarron: Our Rotary Ambassadorial Scholar **Andrew Hawkins** spoke at our club about his experience studying abroad. Pictured are *Club President, Shelly Mowry, Scholar*

Andrew Hawkins, Program Coordinator Jim Coast.



Rotary Club Hutchinson: We were honored to have Carol Pandak, the Director of Rotary International's PolioPlus program as our speaker at our annual Christmas party. She gave a terrific presentation!



Rotary Club Newton: We held our annual Christmas party and awards banquet at the Meridian

Center at which we were entertained by the Wichita Chorus, part of Sweet Adelines.

Rotary Club Newton: Frank, Glen & Kent were part of a robust crew who rang bells for the Salvation Army on Dec. 5



Rotary Club Johnson City: The children in all the third grade classes in Johnson were excited to receive their dictionaries!

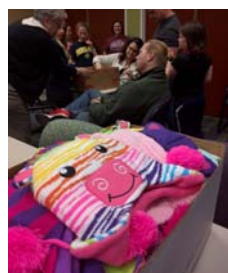


Rotary Club W. Wichita & Sunrise Clubs: Our RITE Teachers (Rotary Inter-Country Exchange) arrive mid-January and leave mid-February. We have 5 teachers who all speak English: 3 from Argentina and 2 from Panama. A few hosting opportunities remain for this visit.

Rotary Club Liberal: It was a morning full of Christmas and goodness with Santa with lots of happy and very well-behaved kids at Washington Elementary. Annual Rotary Kids Christmas Program.



Rotary Club Old Town: We sorted hats and mittens at Child Start. Hats and mittens were de-tagged, paired up, sorted and counted at Child Start (replacing our regular meeting) It was a great success and fun! We will be wrapping gifts for the kids at Carpenter Place, Youthville, P3 & Riverside Academy with ICT SOS, too!



MORE Club News from around the District

Rotary Club Derby: Rotary Ambassadorial Scholar Andrew Hawkins spoke to our club. He represented our district while studying at Uppsala University in Sweden.

A year-in-review video is posted on our Facebook page. Search Derby Rotary Club or [click here](#).



Rotary Club Greensburg:

We again sponsored the 15th annual Greensburg Rotary Lighted Christmas Parade.

Rotary Club Ulysses: Club members distributed dictionaries to 3rd graders in Ulysses. Several videos are posted on our Facebook page. Search Ulysses Rotary or [click here](#).



Rotary Club Hutchinson: Lara Simian (Argentina) Rotary Youth Exchange student was introduced to our club. She is hosted by Rtns. **Josie Thompson and David Planthold** for the next 3 months.

Club East Wichita: We had a great time decorating Christmas trees, stockings and picture frames with the Wichita Children's Home.



Rotary Club El Dorado:

Club members rang bells for the Salvation Army in Eldorado this month..

Rotary Club Garden

City: We hosted our annual Fund Raiser Lunch in November with over 210 people enjoying lunch at the Clarion. Proceeds funded dictionaries for every third grader in the Garden City School District. Dictionaries were distributed to many happy children!



Rotary Club Guymon: We distributed 3rd grade dictionaries to Guymon school students. These are 3rd graders at Academy Elementary.

Rotary Club Winfield: Club members visited Kindergarten & 3rd grade classrooms delivering personalized "I Like Me" books and dictionaries to students.



Rotary Foundation News

Checks for Year-end contributions must be dated and postmarked no later than December 31, 2015 and received by The Rotary Foundation no later than January 8, 2016.

Online contributions must be made before midnight, Thursday, December 31.

Note: Contributions mailed at the end of December 2015 intended as early gifts for January should be held until after January 1. Otherwise the contributions will be treated as December 2015 gifts.

Chulalongkorn University in Bangkok celebrates its 10th year as a **Rotary Peace Center**. Rotarians, peace fellow alumni and friends celebrated the 10th anniversary during a recent conference titled "Innovating Global Peacebuilding." The conference focused on grassroots peacebuilding efforts and how to bridge the gap between theory and practice.

The Chulalongkorn program offers a professional development certificate to individuals already working in fields related to peace. Because of the relatively short commitment and the emphasis on relevant experience, the program attracts a broad pool of applicants. To date Chulalongkorn has graduated 355 peace fellows from 60 countries.

Through its six peace centers, Rotary is development leaders to become catalysts for peace in their communities and around the globe. Unlike the 15-24 month master's degree program, the Chulalongkorn course lasts just three months. Its curriculum emphasizes equal parts instruction and learning from peers. Professors from both Thailand and outside the country as chosen each year for a curriculum that is constantly changing. Fellows also complete two field studies, one in Thailand and one in a post-conflict setting outside Thailand where they put their training into action.

[Click here](#) to learn more about and find out how to apply for a Rotary Peace Fellowship

District 5690	MEMBERSHIP REPORT as of November 30, 2015			
	7/1/2015	11/30/2015	NET GAIN	Goal
	MEMBERSHIP	MEMBERSHIP	2015-2016	
Andover	23	29	6	28
Arkansas City	61	63	2	75
Beaver	24	22	-2	
Boise City	15	16	1	15
Cimarron	26	25	-1	27
Derby	65	64	-1	
Dodge City	34	37	3	44
East Wichita	122	121	-1	
El Dorado	49	50	1	56
Garden City	42	42	0	
Greensburg	11	9	-2	
Guymon	27	27	0	
Hugoton	22	24	2	24
Hutchinson	120	116	-4	
Johnson	16	18	2	20
Kingman	32	32	0	37
Kinsley	14	15	1	
Larned	19	18	-1	
Liberal	44	45	1	47
Newton	53	55	2	62
Pratt	60	56	-4	
Sublette	14	14	0	
Syracuse	15	15	0	
Texhoma	19	19	0	
Ulysses	38	39	1	42
Wellington	19	19	0	
W. Sedgwick Co	44	44	0	
West Wichita	63	65	2	70
Wichita-DT	384	382	-2	425
Wichita-Old Town	13	12	-1	
Winfield	88	91	3	
TOTALS	1576	1584	8	

Thank you for entering your goals on Rotary Club Central!



Rotary

District 5690

www.rotary5690.org

This is your newsletter!
Send your articles and club information to:

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Be a gift to the world

2015-2016 RI Theme
K R (Ravi) Ravindran
Sri Lanka

Rotary International
Convention
May 28-June 1, 2016
Seoul Korea



SEOUL 2016



**Merry Christmas
and
Happy New Year**

