

District 5680 News



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Like us on Facebook

Message from District Governor Fred Heismeyer

ROTARY CAN HELP PHYSICAL AND MENTAL HEALTH: A Selling Point for Membership

During our club visits across

the district, one common theme has been – "How can we increase membership and specifically, how can we attract younger members?" A great question and one that each Rotarian and each club should be asking.

We know the younger generations are more motivated by feeling valued, being heard, wanting opportunities to network, and a balanced lifestyle. The older generations are motivated by social connections, financial security, and loyalty. However, all seem to be interested in and motivated by doing good and helping others. Generational difference seems to be how we go about organizing and implementing our efforts. This difference is a challenge for Rotary.

Regardless of what motivates us, how we prefer to organize and implement our lives, and whether we are young or old; we all want good physical and mental health. In an article "Volunteering is the Best Kept Secret for Mental Health" by Kaleigh Rogers (online, 2017), the author states:



"Research has shown that there's evidence volunteer work promotes that psychological wellbeing you're talking about," said Rodlescia Sneed, a public health research associate at Mich-

igan State University who has studied the impacts of volunteering. This statement alone gives us a good reason and an excellent selling point of why people should join and be involved in Rotary.

The article further quotes Sneed, saying "there's also prevailing theories that volunteering is beneficial because it allows someone to focus on something else for a while and may provide useful perspective-your problems don't seem as bad when you're working with people who don't have enough to eat, for example." Therefore, for younger people, volunteering helps with the goal of a balanced lifestyle and the reduction of anxiety and stress felt by so many. For the older generations who may be going through other life transitions such as retirement, empty nest or loosing a partner, "doing volunteer work is a way to replenish those social ties."

Your challenge is, as you and your club think about how to approach people and why they should join Rotary, you may want to stress the physical and







DG Fred Heismeyer (cont'd)

mental health benefits, reducing stress and anxiety, lowering the risk of hypertension, and getting a natural high that helps us feel better.

Who would have guessed Rotary is a health strategy?

Fred Heismeyer

District Governor 2021-22 District 5680



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One new member

One friend

One new fundraising idea

One local service project

Rotary Booth at Large Gathering(s)



Seven area Rotary Clubs worked at the Global Leadership Summit held at Intrust Bank Arena. They worked a Rotary booth organized by DeAnn Sullivan and district leaders to promote Rotary membership. Traffic was steady and many leads were received for prospective members. The booth will be used for other large gatherings when requested and will be at the Wichita Business Expo on Thursday, September 23. The booth will



up at the Andover club's Haus of Brews on September 25 since there will be many non-Rotarians attending.

Let us know if your club is holding an event where the booth could be used to promote membership in your area! Contact <u>DG Fred Heismeyer</u>. Thanks to Lisa Perez-Miller, District Public Image Chair and DG Fred for making this booth available for all!

Let's tell the world we are **PEOPLE** OF **ACTION**



DON'T BE A MISSING PIECE OF THE ROTARY PUZZLE! YOU ARE THE MISSING PIECE. VOU ARE THE MISSING PIECE. VOU ARE THE MISSING PIECE. VOU ARE THE MISSING PIECE VOU ARE THE UPCOMING DISTRICT CONFERENCE OCTOBER 29/30 IN WICHITA, KANSAS

DETAILS OF AGENDA, REGISTRATION AND HOTEL ACCOMONDATIONS WILL BE AVAILABLE AFTER LABOR DAY

Read about our speakers and entertainment on pg. 10

GET STARTED TODAY!

Did You Know?

 Gordon R. McInally, a member of the Rotary Club of South Queensferry, Lothian, Scotland, is the selection of the Nominating Committee for President of Rotary International for 2023-24. <u>Read</u> more . .



 Join the Paul Harris Society (PHS) - which has more than 27,000 members in 149 countries. Members agree to contribute at least \$1,000 per year to The Rotary Foundation each year. PHS contributions amount to nearly 18% of giving to the Annual Fund each year. Interested? Contact our District Paul Harris Society Coordinator, <u>Randy Krug</u> or any district leader.



Texhoma



Boise City



Beaver



Ulysses



Hays



Ness City



Hays Sunrise



Dodge City



Ellis

Beloit



Upcoming District Governor Visits—September

CLUB	DATE
Norton	Sept. 1
Phillipsburg	Sept. 2
Downs	Sept. 7
Wellington	Sept. 14
Pratt	Sept. 16
Derby	Sept. 17
Liberal	Sept. 21
Heart of America eclub	Sept. 21
Sublette	Sept. 22
Hugoton	Sept. 23
Great Bend	Sept. 27
Kinsley	Sept. 27
Ellinwood	Sept. 28
Larned ++	Sept. 28
Ellinwood	Sept. 28
Larned ++	Sept. 28
Howard	Sept. 29

++ Club has NOT confirmed the visit date. If this is your club, please have your 2021-22 President confirm this by responding to <u>fred@leadingandteaming.com</u>.

See many more photos and stories of club visits at our district <u>Facebook</u> <u>Page</u>. Be sure to like the page to receive updates.

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Would you or your club like to take part in a South African Rotary Global Grant Schools Water and Sanitation project of immense proportion?

The Rotary Club of Jackson Hole WY is undertaking a new and larger Global Grant (estimate - \$400,000) to bring consistent, clean water to seven schools in the township community of Makhanda/Grahamstown in the Eastern Cape of South Africa. The laborious two-month Community Schools Needs Assessment conducted in May and June by Jackson Rotarian Julia Heemstra has produced a long list of necessary school repairs. The project will include significant upgrades to the crumbling school bathrooms and kitchens where students receive a nutritious government mandated meal; for some students - the only secure meal they may receive that day.

The Eastern Cape of South Africa has experienced a multi -decade drought that has dried up municipal water storage reservoirs. Municipal water is often turned off - sometimes for days at a time. Schools are closed when there is no water and school bathrooms are compromised.

The Rotary Clubs (2) of Grahamstown and the Rotary Club of Jackson Hole and sponsoring Rotary Clubs throughout the western US are funding water storage tanks for the seven schools, affecting 4,981 students, while also providing significant renovations to school ablution blocks and kitchens. Repairs are also being made to

school roofs and gutters to capitalize on any potential for rainwater harvesting.

To learn more about the project's Phase #1 (Installation of tanks and pumps to supply each school, listen to the early June Zoom presentation by the Project team of Rotarians in South Africa and Jackson, Wyoming.

Copy of the June Zoom presentation from Africa: <u>https://us02web.zoom.us/rec/share/</u> <u>z_wCevPI1hhMm9DL8Y67pyfM3TJHReqQKN2JWVtLZpf</u> JcDfysGeBGLgEuJRzLSjZ.A4Zvspz7v4fU7sMm

We are seeking partners and co-sponsors for this formidable humanitarian project. If your club would be interested in a Zoom presentation about this Grant opportunity, or would like to contribute and be a part of "**Restoring Water, Sanitation and Dignity to the Grahamstown/ Makhanda Schools in South Africa,"** please contact either Past District Governor Stu Palmer (<u>StuRotary@Gmail.com</u>) or Past President Tony Paulus of RC-Jackson Hole (<u>tonypaulus@gmail.com</u>) or Rotarian Julia Heemstra (jrheemstra@gmail.com).

PDG Stu Palmer

Editor's Note: Our district is supporting this grant and will match club contributions. Contact PDG <u>Geri Appel</u> for assistance. Who do you contact to become a member of a special group of donors?

PAY IT FORWARD 9/11 INITIATIVE REMEMBRANCE AND TAKE ACTION

Amy Lash Esau, Past President of the Old Town Rotary Club, is encouraging all Rotarians in District 5680 to consider participating in the Pay It Forward 9/11 Initiative

(www.payitforward911.org). With the goal of reaching 20,000 random acts of kindness in honor of the 20th commemoration of 9/11 and the victims who died. It's going to take many of us to join the effort. Who better than Rotarians to spread love and light and kindness? Please consider registering (on the Pay It Forward 9/11 website) your intention to do 3 random acts of kindness on 9/11, as individuals or as clubs, and spread the word about this effort to family and friends. Below is some information from the organization's website giving some background and history.

In 2002, American Kevin Tuerff began an annual tradition to honor the lives lost in the 9/11 attacks, and also pay tribute to the heroes of Newfoundland, Canada, who showed the world their kindness in 2001. The town of Gander, population 9,000, took care of him and nearly 7,000 other stranded airline passengers from 90 countries for five days when US airspace was closed.

Upon returning to Texas, Kevin wondered if other cities in the US would do the same. One year later, he borrowed an idea from "Pay it Forward," the fictional book and movie. He closed the doors of his small business in Austin for a half-

day and distributed \$100 bills to teams of two. He sent the pairs out to do random acts of kindness, asking staffers to invite recipients to do the same, and pay it forward. In the afternoon, everyone regrouped in the conference room and shared their stories of how they spread kindness. The ripple effect was immediate, and the staff were moved emotionally by hearing each other's experiences.

One year later, other companies, schools and nonprofits in Austin decided to adopt the tradition. It grew and continued every year, on September 11th. Thanks to the musical <u>COME FROM AWAY</u>, the Pay It Forward 9/11 initiative has spread across the US, and now includes Canada, UK and Australia.



Rotary Club Andover: Mark your Calendar for our signature event! Click here to purchase your ticket.

Saturday, September 25

Treescapes/ Big Wave Pools 1202 N Andover Rd., Andover Click here for more information



Rotary Club Washington: Using a district grant, we updated the basketball goals in our community park.



Rotary Club W Wichita: We got to hear about the Wichita Police Department Mounted Unit and meet Sgt. Brower's Clydesdale at a recent meeting!

Rotary Club E Wichita: Four of our Rotary scholarship recipients undated us on all things college at a recent meeting. Our East Wichita



Rotary Foundation supports these four students and many others.

Rotary Club W Wichita:

Saturday, October 9 6:30pm-9pm Newman University Dugan-Gorges Conf Ctr. Wichita, KS Click here for more information



Proceeds are channeled through our club's W Wichita Charitable Foundation to fund projects such as books for 1st graders, groceries during the holidays and during the school year, map paintings and more!

Rotary Club Pratt: We granted the Community Theater \$200 for tickets to be distributed to needy children to attend theater performances. We also granted the Pratt Health Foundation \$500 to go toward the purchase of another operating table for the hospital. Grants are funded by our club.

Save the date: Oktoberfest 2021 September 25 #PrattOktoberfest



Clubs have new meeting places!

Andover—Butler Community College - Grizzly Den 715 E 13th (Thurs) Beloit—Municipal Building Basement (Tues) Cimarron—Shepherd's Center on N Main (Tues) Concordia—Mother House, 1300 Washington St. (Thurs) Johnson—Neighborhood Café, 105 S. Main (Wed) Hill City—Graham County Auto & Arts Museum (Wed) Ness City-More Than Coffee, 121 W Pennsylvania (Tues)

Osborne—Pizza Hut 1st Thursday; YOPOS Mexican Restaurant 3rd Thursday

Phillipsburg—Willers, 1310 Hwy 36 (Thurs)

Rotary Club Pratt: Our club continued its annual tradition of hosting a luncheon during Miss Kansas competition week for the Miss Kansas candidates. On Thursday, July 8th, club members enjoyed lunch and



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conversation prior to each of the 23 candidates introducing themselves and sharing their

hometown, social impact initiative, and local organization title. The candidates competed in private interview and on stage competition as part of the Miss Kansas state competition, held July 7 – 10th at Pratt Community College. Taylor Clark, Miss Augusta, was crowned Miss Kansas 2021 and will compete in the Miss America competition in December. Taylor Clark, St. John, was crowned Miss Kansas 2021 on July 10.



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Rotary Club Lyons: Our club will be going to Putt Putt in Hutchinson on the 31st and our highway cleanup on the 30th. We will also be helping with the back to school BBQ on the 20th.

More Club News

Rotary Club Kingman: We held our annual Duck Race during our community Freedom Fest. We were also recognized for our assistance in making the Kingman Heritage Hall of Honor a reality.



Rotary Club Garden City: PDG Steward Boone (1990-1991) played the trumpet at a Rockies baseball game a few years ago. He still enjoys



checking out our newsletters and website!

Rotary Club E Wichita: Susan Addington, President of the East Wichita Rotary Foundation, introduced three scholarship recipients at a recent meeting.

Rotary Club W Wichita: Our club provided 60 local school teachers a \$50 gift card this week to help them buy needed school supplies. Funds are raised





at our upcoming Wine Dinner on October 9th.

Rotary Club Howard: Our club of 13 members collected and donated over \$5000 toward the elimination of polio world-wide. This gift was matched by the Bill and Melinda Gates Foundation, which allowed this local gift to help provide polio vaccines to over 10,000 children in Afghanistan and Pakistan. Our district 5680 Governor, Dana Brewer, along with his wife Tina, donated additional funds to this campaign to honor the Howard Club and his parents.

Congratulations to the Rotary Club of Howard!

Rotary Club W Sedgwick Co Sunrise: Toasting 20

years—The Rotary Club of WSC-Sunrise was chartered on June 22, 2001. Ralph Hight (WW Rotary) and Eldon Addy (Downtown Rotary)



led the charge in forming the new club, supported by the efforts of our members. The Sunrise club celebrated this milestone at their meeting last week with 52 in attendance, including their club members, Rotary & city leaders, and a group from **RC West Wichita** (the club's sponsor)..

Rotary Club Pratt: Special thanks to the Rotary club for your donation, which allowed for the purchase of a flagpole at the new soccer/track complex. Your generosity is appreciated. Above photo is of the plaque, which is mounted to the flagpole.



Pratt Community College, Tim Swartzendruber, Athletic Director

Rotary Club Oberlin: Things for the Oberlin Rotary have been BUSY! Last week was our county fair and our Rotary club is always a big volunteer contributor for this annual event. I know it might sound "silly" but our county fair is the event of the season! Our club fills the volunteer schedule for Farris Wheel every year, puts up the safety fencing for the ride, does all the tear down and helps with set-up. Additionally, our Rotary club worked to put benches together for walking trails here in town, and used a Rotary grant help cover some of the expense.

Upcoming Events

Sept. 7-12, 2021 Zones 25B & 29 Institute *Houston, TX* <u>Register here</u> October 29-30, 2021 District Conference Wichita Marriott March 31-April 2, 2022 PETS 2022 Wichita Marriott

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Rotary Club Dodge City: Assistant Governor Bob Obee (Kinsley) visited the RC Dodge City recently and sent these pics from their program highlighting the club's activities. Many guests were present for this review.





Dictionaries



Library

Rotary Club Concordia: Club members served the meal to approximately 300 people at Concordia's Sesquicentennial Celebration on Saturday, August 14 in City Park. This free public meal, including birthday cake and ice cream,



followed by a ceremony given by the Concordia City Commissioners of a historical account of Concordia in its first 50 years. Opening of the 1971 Time Capsule and display of those items during the Sesquicentennial Celebration was something many people in our community looked forward to. While nothing was discovered from the Concordia Rotary Club in the 1971 time capsule, our club



is leaving its mark by including a few trinkets in the 2021 Time Capsule, which will be buried on October 1 and opened in 2071. Our members believed it was important to include the 4-way test and to honor two of

our club members who served as District Governor. Link to Concordia's 150th FB Page – video of ceremony is there https://www.facebook.com/pages/category/ Government-Organization/Concordia-150th-Celebration-101182535084422/

Rotary Club Great Bend: All who attended our Fish Fry on August 22 enjoyed a nice dinner and learned more about Rotary. Several Rotarians from around the district attended in-



cluding (shown) DG Fred & Joyce Heismeyer (E Wichita); DGN Gloria Homeier and PDG Andrea Krauss (Russell); AG Lee Musil (Great Bend); and AG Bob and Crystal Obee (Dodge City).

Promo for RC Gread Bend: —Letter to the Editor

September 2021



ROTARY is a global network of 1.2 million neighbors, friends and problem-solvers who share deas, join with leaders and take action to create lasting change — across the globe, in our communities and in ourselves.

Rotary isn't just another club to join but an organization with endless opportunities. It is the greatest and most powerful humanitarian organization in the world. We are doing what we love for the betterment of humanity.

We Great Bend Rotarians work together with more than 35,000 other Rotary clubs to take action on the world's most persistent issues. This past year alone, our club's projects and programs at our bi-monthly meetings have been dealing with Rotary's Seven Areas of Focus:

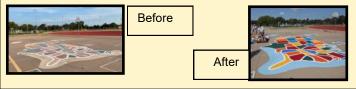
- 1) Promote Peace. Well known Kansan Sam Brownback, who most recently served as Ambassadorat-Large for International Religious Freedom, will speak September 13 on "The State of Religious Freedom Around the World."
- 2) Fight Disease. Our club put out "smiley face" Rotary yard signs and received front-page vspaper publicity to promote the need for COVID-19 vaccinations. Also, we were part of our 60-club district's effort to raise an impressive \$528,000 in a continuing effort to eradicate polio worldwide.
- 3) Maternal and child health. Our club served as a "hub" for surrounding Rotary clubs in two massive food distribution campaigns to feed hungry and needy people through their local food banks.
- 4) Support education. The size of the scholarships could DOUBLE this next year with the resumption of the popular Half-Court Basketball Shot at home games if the club receives a District Grant
- 5) Grow local economies. We held a specially tailored meeting, "How to Match People Up with the Right Jobs," which advised businesses about how to save thousands of dollars by hiring the right employee. Another innovative program was given on growing hemp in Kansas as a promising new cash crop.
- 6) Protect the environment. Our club manages Rotary Lake in cooperation with the City of Great Bend.
- 7) Provide clean water, sanitation and hygiene. Our club and district approve and support Rotary Global Grants of this nature to underdeveloped and emerging countries every year through The Rotary Foundation worth thousands and thousands of dollars

The Rotary Club of Great Bend, founded in 1923, has been active for 99 years and is not "just another dub." To learn more about the role Rotary can play in your life, please contact. AustinLaViolette, President Craig Neeland, MembershipChairman LeeMusil, Assistant District Governor





Rotary Club W Wichita: We repainted the playground map at Lawrence Elementary recently. See our video.



Did you know, with the new 2021-2022 Rotary year, the district now has a Public Image Committee? My name is Lisa Perez-Miller (Rotary Club of Pratt) and I look forward to leading this committee on behalf of the District. Public Image includes communications, marketing, branding, social media, digital platforms, and media relations. <u>I am seeking individuals to serve on the</u> <u>committee</u>, so if you can provide expertise in the areas of public image, please consider sharing your talent. Join me and be part of this new and



exciting district initiative; contact me at lisam@prattcc.edu.

Also, I want to share the overall purpose of public image as outlined in the Rotary Regional Leader's Manual:

- To proactively promote Rotary's Action Plan by helping clubs and the district expand our reach and effectively tell compelling stories that demonstrate Rotarians as people of action,
- To advise on local and regionally appropriate use of Rotary's brand and public image campaign materials,
- To work in collaboration with district leaders to support and encourage clubs to have a robust media and social media strategy, an up-to-date website, and an engaging online presence in their local communities.

In addition to getting the District Public Image Committee established and supporting the above general purpose, the committee will also be working to identify measurable strategic objectives to accomplish the following goals over the next three years:

1. Educate, train, and increase the awareness with our district clubs and leadership on why Public Image is important for club and district success. This will include continuing to advocate and educate on the use of social media platforms, other digital communication, and consistent branding elements. Provide guidance and training on the effective use of all of our messaging methods.

- Develop a District Public Image Plan and Checklist, with defined strategies, for using websites, social media platforms, other digital communication, club newsletters, video, and traditional media sources to communicate consistent messaging.
- 3. Champion and educate clubs to use the Rotary International Brand Center branding resources; post projects, on the Rotary Showcase, etc.

Our image matters, so I challenge you to take a moment to visit this link <u>https://brandcenter.rotary.org/en-GB/Our-Image-Matters</u> and learn why "Our Image Matters" and why we are more than our logo. Thank you and please consider sharing your public image talent on our committee.

Lisa Perez-Miller District 5680 Public Image Committee Chair <u>lisam@prattcc.edu</u> Rotary Club of Pratt

Bringing Energy to Your Club Through Interact

Murad S. Shah once said "The energy of youth with the experience of age is a lethal combination." He wasn't talking about the value of Interact for your club, but it is a quote that fits the bill. An Interact Club can bring life to a club with their willingness to participate along side Rotarians. They gain from Rotarians vocational experience, knowledge of life and connections in the community. It is

knowledge of life and connections in the community. It is beneficial for all concerned!

Starting a club begins with finding an adult partner in your high school to be the school representative. You can work with that individual to meet with school administration using the Interact Guide for Rotary Sponsors and Advisors. Once the club is approved, they will work to recruit members and elect officers. Your club works with them to complete the Interact Certification Form. The relationship with



Rotary continues with a Rotarian serving as an advisor to the Interact Club. Kelle Thompson, New Generations Chair or Carey Keller, District Interact Chair, can provide additional information and guidance.

A Day of Service for all Interact Clubs in the district on October 16 in Wichita is in the planning stages. More details of this event will be available soon on the district website and future newsletter. If your community has an Interact Club, please share contact information with <u>Carey</u>, so that she can communicate directly with them about the event. Or you can contact District New Generations Chair <u>Kelle Thompson</u> for more information. District 5680 Membership Report As Of July 31, 2021

Club	7/1/2021	7/31/2021	NET GAIN
Clab	MEMBERSHIP	MEMBERSHIP	2021-2022
Abilene	47	47	0
Andover	23	23	0
Arkansas City	58	57	(1)
Atwood	25	25	0
Beaver	15	15	0
Beloit	39	39	0
Boise City	20	20	0
Cimarron	23	23	0
Clay Center	55	55	0
Colby	46	46	0
Concordia	35	35	0
Derby	58	57	(1)
Dodge City	38	38	0
Downs	10	10	0
East Wichita	67	70	3
E-Club	16	16	0
El Dorado	30	30	0
Ellinwood	16	16	0
Ellis	11	11	0
Garden City	38	38	0
Goodland	21	21	0
Great Bend	41	41	0
Guymon	25	25	0
Hays	61	62	1
Hays Sunrise	15	15	0
Hill City	14	14	0
Howard	10	10	0
Hoxie	20	20	0
Hugoton	16	16	0
Hutchinson	94	92	(2)
lohnson	13	13	0
Kingman	22	22	0
Kinsley	6	6	0
Larned	16	16	0
Liberal	39	39	0
Lindsborg	7	7	0
Lyons	23	22	(1)
McPherson	35	33	(1)
Ness City	23	23	0
Newton	60	62	2
Norton	14	14	0
Oberlin	31	28	(3)
Osborne	11	11	0
Phillipsburg	48	48	0
Pratt	51	53	2
Russell	37	37	0
Salina	117	117	0
Sharon Springs	6	6	0
Sterling	14	14	0
Sublette	14	14	0
Syracuse	13	13	0
Texhoma	12	12	0
Ulysses	25	25	0
	33	33	0
Washington Wellington	10	10	0
Weilington West Sedgwick Co Sunrise	34	34	0
West Sedgwick Co Sunrise West Wichita	59	59	0
Wichita-Downtown	378	383	5
Wichita-Old Town	13	13	0
Winfield	74	74	0
TOTALS	2228	2231	3



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www.rotary5680.org

This is your newsletter! Send your articles and club information to:

PDG Geri Appel, Editor Phone: 316-841-2592 appelg@kenlerman.com





2021-22 RI President Shekar Mehta

Calcutta INDIA

How well did you read this newsletter? Did you find a clue or instruction so you can be entered into our quarterly, semi -annual and annual drawings for Paul Harris Points to help you reach your next level of giving! Questions: Contact Newsletter Editor Geri Appel



PIECES OF THE DISTRICT CONFERENCE PUZZLE

DISTRICT CONFERENCE

OCTOBER 29/30, 2021

WICHITA, KANSAS

COME AND HEAR TWO GREAT KEYNOTE SPEAKERS WHO WILL ENGAGE AND INSPIRE YOU!



For more than 20 years, Valerie Hope has been asking thought-provoking questions and introducing unique strategies to empower people from all walks of life.

Valerie has traveled the globe and transformed leaders in organizations like the international leadership program, Up with People, the Dallas Regional Chamber of Commerce and Hyatt Corporation.

Her sessions are designed to go beyond concepts and data points, to shine a light on what has heart and meaning.



RI Director, Susan "Suzi" C. Howe has dedicated her career to education after graduating from the University of Kansas. She owned and operated South Shore Montessori, a private school, until her retirement in 2019. It was during the construction of that school that she learned about Rotary through her broker, architect, and others involved, all of whom were Rotarians. She joined Rotary in 1992, and within six months was serving on her club's board.

Suzi is responsible for 2 R.I. Regions (32 & 36), made up of 3 zones (25A, 25B, 29). Zone 25A (Region 32) includes Central America, Venezuela, and Columbia. Zones 25B and 29 (Region 36) are in the US.

ENTERTAINMENT ON FRIDAY NIGHT:



An entertainer with a big heart, Sarah Wine will join us on Friday evening for music and fun. She is well known across the central Kansas area as a seasoned performer. Sarah was featured at Heartland 2021 PETS and received raved reviews. We are glad she can perform live for our District Conference.

Sarah is the Associate Director of Community Engagement at The Independent School in Wichita and is a parent of Kindergartener, which keeps her busy outside of work. She is a former Rotarian with the East Wichita Club and hopes to return to Rotary in the future.